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"Fundamentals of Manual Therapy" addresses this need by examining the physiological effect of therapeutic manipulation and touch on the human body. It presents the physiological, neurophysiological and psychological basis of manual techniques, giving the therapist the background and theory needed to support practice, and helping therapists to provide safer and more effective treatment.

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Increasing the Shoulder's Range of Motion. A therapist stabilizes the person's shoulder with one hand while slowly raising the person's elbow as high as possible with the other. Over several sessions, the elbow is gradually moved higher, increasing the joint's range of motion. Before beginning therapy, the physical therapist evaluates range of motion with an instrument called a goniometer, which measures the largest angle a joint can move through.

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"The text aims to assist practitioners and students of manual therapy to develop a deeper understanding of their patients' processes and how they may be affected by different MT techniques. It aims to help MT practitioners deliver a more effective and safer treatment and to be able to treat a broader range of conditions."--BOOK JACKET.

Fundamentals of the Physical Therapy Examination: Patient Interview and Tests & Measures, Second Edition provides physical therapy students and clinicians with the necessary tools to determine what questions to ask and what tests and measures to perform during a patient exam. This text utilizes a fundamental, step-by-step approach to the subjective and objective portions of the examination process for a broad spectrum of patients. This edition has been updated and revised to reflect the new APTA Guide 3.0, and the Second Edition also includes new and extensive coverage of goniometry and manual muscle testing techniques with more than 300 new photographs.

"Harmonic Technique is a practical text for manual therapy practitioners which describes the fundamentals of this important technique and explains how it may be used in practice. The biomechanical and physiological bases of the techniques are also presented. The book is illustrated with over 50 photographs which provide a detailed step-by-step guide to the implementation of technique."--BOOK JACKET.Title Summary field provided by Blackwell North America, Inc. All Rights Reserved

Physiotherapy is an emerging health care practice in this advanced health & fitness world. Physiotherapists help people affected by injury, illness or disability through movement and exercise, manual therapy, education and advice. They maintain health for people of all ages, helping patients to manage pain and prevent disease. Many individuals have wrong perceptions about the physiotherapy and its practice. This book is a simplified description about physiotherapy practice and services physiotherapists provide to their patients.

This book is a practical guide to safe and effective physical therapy methods that can be applied in patients with diverse skin ailments, including scars, decubitus ulcers, burns, frostbite, photosensitivity disorders, inflammatory skin disease, skin cancers, obesity-related conditions, psoriasis, herpes zoster, tinea pedis, and vitiligo. For each condition, physical therapy interventions—therapeutic exercises, manual physical therapies, and therapeutic modalities employed in rehabilitation—are described in detail. In addition, information is provided on symptoms and complications, examination and evaluation, medical interventions, and prevention and management methods. In the case of obesity-related skin problems, management is discussed from the point of view of Eastern as well as Western medicine. The text is complemented by more than 300 color photographs and illustrations. Integumentary Physical Therapy will help the reader to obtain optimal therapeutic results when treating patients with skin ailments. It will be of value for both practicing physical therapists and students in physical therapy.

NATUROPATHIC PHYSICAL MEDICINE provides a philosophical naturopathic perspective, as well as practical clinical applications, for manual and physical approaches to health care. A wide range of bodywork and movement approaches and modalities are evaluated in relation to their ability to be appropriately used in naturopathic treatment and rehabilitation settings. The model of care emphasized in this text recognizes that naturopathically oriented therapeutic interventions usually focus on achieving one or all of the following: enhancement of function so that the person, system or part, can better self-regulate in response to adaptive demands; modification or removal of adaptive load factors; and symptomatic relief without creation of significant additional adaptive changes.

Written for hand therapy specialists and non-specialists, Cooper's Fundamentals of Hand Therapy, 3rd Edition emphasizes treatment

fundamentals, and provides tips and guidelines for hand therapy practice. This easy-to-use illustrated text and reference guide helps further develop your clinical reasoning skills by describing what goes into the evaluation process, highlighting the humanistic side of each encounter through case studies, and providing the wisdom the contributing authors have acquired through years of practice. This new edition also features additional chapters on the use of common physical agents and orthoses, plus added content on how to integrate evidence-based findings into daily hand practice. UPDATED! Chapter covering Orthoses Essential Concepts reflects the latest information in the field. Case studies with questions and resolutions help you develop strong clinical reasoning skills while presenting the human side of each client encounter. Special features sections such as Questions to Discuss with the Physician, What to Say to Clients, Tips from the Field, and more help you find your own clinical voice. Anatomy sections throughout text highlight important anatomical bases of dysfunctions, injuries, or disorders. Clinical Pearls highlight relevant information from an experienced author and contributors that you can apply to clinical practice in the future. Evaluation Techniques and Tips help you master appropriate and thorough clinical evaluation of clients. Diagnosis-specific information in the final section of the book is well-organized to give you quick access to the information you need. NEW! Chapter covering Physical Agent Modalities helps you understand how to use common hand therapy tools. NEW! Evidence-Based Practice content outlines how to closely examine evidence and integrate it into daily hand therapy practice. NEW! Photos and illustrations throughout provide clear examples of tools, techniques, and therapies.

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