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A revised and updated edition of the groundbreaking work that changed the way we think about and treat traumatic events and trauma victims. "A stunning achievement ... a classic for our generation." --Bessel van der Kolk, M.D., author of The Body Keeps the Score When Trauma and Recovery was first published in 1992, it was hailed as a groundbreaking work.

On July 4, 1990, while on a morning walk in southern France, Susan Brison was attacked from behind, severely beaten, sexually assaulted, strangled to unconsciousness, and left for dead. She survived, but her world was destroyed. Her training as a philosopher could not help her make sense of things, and many of her fundamental assumptions about the nature of the self and the world it inhabits were shattered. At once a personal narrative of recovery and a philosophical exploration of trauma, this book examines the undoing and remaking of a self in the aftermath of violence. It explores, from an interdisciplinary perspective, memory and truth, identity and self, autonomy and community. It offers imaginative access to the experience of a rape survivor as well as a reflective critique of a society in which women routinely fear and suffer sexual violence. As Brison observes, trauma disrupts memory, severs past from present, and incapacitates the ability to envision a future. Yet the act of bearing witness, she argues, facilitates recovery by integrating the experience into the survivor's life's story. She also argues for the importance, as well as the hazards, of using first-person narratives in understanding not only trauma, but also larger philosophical questions about what we can know and how we should live. Bravely and beautifully written, *Aftermath* is that rare book that is an illustration of its own arguments.

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